

# **Age Appropriate Activities and Responsibilities:**

*This proposed list was developed by the State Youth Advisory Board March 2003 in Tallahassee, Florida*

## **Age appropriate responsibilities:**

### *Age 13:*

- \* Keeping his/her room clean
- \* Doing his/her homework
- \* Maintaining hygiene
- \* Attend Court Hearings and take part in Case Planning
- \* Know judge and GAL(s)

### *Age 14:*

- \* He/she should undertake one to two additional chores in the home
- \* Prioritize academics / schooling
- \* Wash his/ her own laundry
- \* Begin attaining effective studying/time management skills
- \* Become active in school and/or the community
- \* Youth should prepare for FCAT test, which is necessary for high school graduation
- \* Attend court hearings and take part in case plan planning
- \* Know judge and GAL(s)
- \* Introduce oneself to caseworker's supervisor by personal contact, phone call, letter, or email

### *Age 15:*

- \* Begin-pursing job opportunities suitable for age 16 (including volunteer opportunities)
- \* Take Life Skills classes per pre-ILP requirements
- \* Begin displaying effective studying/time management skills
- \* Youth should prepare for ACT and SAT tests by enrolling in test prep classes and/or practicing with study aids (i.e. CD-ROMS, books, internet, etc.)

- \* Attend court hearings and take part in case plan planning
- \* Know judge and GAL(s)
- \* Introduce oneself to caseworker's supervisor by personal contact, phone call, letter, or email

### *Age 16:*

- \* Youth should have a part – time job or be actively involved in school/community
- \* Youth should continue to maintain stability in school (i.e. GPA)
- \* Youth should-plan class schedules for remaining years/terms in high school or GED program
- \* Attend court hearings and take part in case plan planning
- \* Know judge and GAL(s)
- \* Introduce oneself to caseworker's supervisor by personal contact, phone call, letter, or email

### *Age 17:*

- \* Youth should have
- \* Youth should have an adequate amount saved up in his/ her account to start out on their own
- \* Youth should have all required courses for the arrival of their graduation
- \* Attend court hearings and take part in case plan planning
- \* Know judge and GAL(s)
- \* Introduce oneself to caseworker's supervisor by personal contact, phone call, letter, or email
- \* Update caseworker of any changes in residence or contact information
- \* Clearly communicate academic and personal plans to one authorized to help make those plans reality

## **Age appropriate Activities:**

### *Age 13:*

- \* Youth should have some form of an after school program
- \* Youth should be able to participate in one sports club
- \* Youth should be able to attend the functions of other youth of the age with the supervision of their legal guardian

### *Age 14:*

- \* Youth should have one after school program

- \* Youth should be able to attend extra curricular activities, but not exceeding over three per week
- \* Youth should be able to attend public places with their friends with the supervision of their legal guardian

#### *Age 15:*

- \* Youth should be able to attend extracurricular activities but not to exceed over four a week
- \* Youth should have off campus outings with their friends without the supervision of their guardian, activity should not exceed after 3 hours
- \* Youth should have a curfew of 8 p.m. on week days and 9 p.m. on week – ends

#### *Age 16:*

- \* Youth should have the same amount of extra curricular activities as of the age of 16
- \* Youth should be able to go on off campus trips without the supervision of their guardian but not over 6 hours
- \* Youth should have a curfew of 9 p.m. on week – days and 10 p.m. on week- ends

#### *Age 17:*

- \* Youth should be able to participate in all functions of their school including prom, homecoming, etc.
- \* Youth should have a curfew of 11 p.m. on week nights and 12 p.m. on week – ends
- \* Youth should be able to go out with friends on outings and outings should not exceed past their curfew

### **Age Appropriate Life Skills:**

#### *Age 13:*

- \* Youth should be aware of proper hygiene habits
- \* Youth should have a working knowledge on how to have a clean room
- \* Youth should have a working knowledge on how to wash his/ her laundry

#### *Age 14:*

- \* Youth should begin to learn how to cook
- \* Youth should know the proper function of different cleaning materials

\* Youth should have a working knowledge on road and city maps and different means of transportation

Age 15:

- \* Youth should have proper cooking and cleaning habits
- \* Youth should know how to write a job application
- \* Youth should begin to know how to make a resume'

Age 16:

- \* Youth should know how to apply for a job
- \* Youth should have interviewing skills
- \* Youth should know how to iron and color coordinate cloths for different events

Age 17:

- \* Youth should begin to learn or all ready know how to budget their money
- \* Youth should know how to look for a place to live
- \* Youth should have a working knowledge of the career plan that they have chosen, whether it is work force or to a college